

## Special Issue

# Interventions to Foster Mental Health and Human Well-Being in Educational Settings

### Message from the Guest Editor

In the words of the World Health Organization, citizens with severe mental health conditions die on average two decades earlier than other people. Moreover, it is stated that suicide is the fourth leading cause of death among 15–29-year-olds. Mental health has been included among the 17 Sustainable Development Goals proposed by the United Nations. Subsequently, fostering mental health has become a major challenge for all professionals involved in educational settings. In this way, social competence has been proposed as a demanding strategy to assist patients in the prevention of mental health conditions. This Special Issue calls for researchers to work together to summarize proposals aimed to facilitate professionals in educational settings to foster social and emotional competences to foster children's well-being. However, it is crucial to highlight that this special collection does not aim to substitute the reception of actual medical advice and therapy but wants to collect strategies to help teachers, from early childhood to adolescence, or even university teachers, improve their own and their students' intra- and inter-personal competences.

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### Message from the Editorial Board

The journal offers an integrating approach to the disciplines it addresses, highlighting the role of health as a transversal axis in educational and psychological processes, present in human development, throughout the life cycle. *European Journal of Investigation in Health, Psychology and Education* (ISSN 2254-9625) is a peer-reviewed scientific journal that publishes original articles and systematic reviews or meta-analyses related to research on human development throughout the life cycle. It is a journal of the University Association of Education and Psychology and is published monthly online by MDPI.

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