

Special Issue

The Aging Spine

Message from the Guest Editors

By "aging spine", we mean the spinal problems that occur in elderly patients. These disorders cover a wide spectrum of problems that generally cause pain, varying degrees of disability, and a loss of quality of life. On the other hand, the increase in life expectancy and the need for the elderly to enjoy a good quality of life implies the need to offer treatments adapted to their vital and clinical situation. One example is bone fragility, osteoporosis, which is often present in this type of patient and which can hinder some surgical procedures; another could be the comorbidity that this type of patient frequently presents. In addition to the degenerative disorder of the intervertebral disc and its related pathologies (spine stenosis), it is necessary to pay attention to spine deformity, which is a cause of disability and loss of quality of life. Likewise, osteoporotic vertebral fracture is a frequent problem in the elderly. It may also be necessary to address the problems that elderly patients with a history of vertebral surgery may present. We encourage you to send in your contributions, to provide useful information concerning aging spine.

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About the Journal

Message from the Editor-in-Chief

Our new journal is launched to serve geriatrics specialists and colleagues from other disciplines as an interface between theory and clinical practice. Pushing the boundaries of the discipline, I kindly invite you to consider publishing your current work in *Geriatrics*. We have chosen the format of an open access journal to provide all interested parties with a platform for their basic research and health care studies as well. For details on the submission process or any other matter, please visit the journal website. I hope to handle your contribution to *Geriatrics* soon to publish innovative, relevant, thought provoking ideas.

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