

## Special Issue

# Nutritional Management of Newborn Infants

### Message from the Guest Editor

The purpose of this Special Issue, “Nutritional Management of Newborn Infants”, is to explore the most up-to-date evidence about the nutritional protocols for ameliorating the management of newborns by their parents and clinicians. A special emphasis will be given to preterm infants due to their increased nutritional needs. The goal of postnatal nutrition in premature infants (who are characterized with low birth weights and being small for gestational age) is to approximate intrauterine growth and nutrient accretion. Nutrition for preterm infants is complex and requires daily modifications of prescriptions that account for the infant’s age, birth weight, and current weight, as well as the volume and protein concentration of concurrent enteral nutrition. Vitamin inadequacies have to be identified and properly addressed. Indeed, an appropriately designed nutritional regime can significantly affect weight gain and catch-up growth, along with other factors. This Special Issue also covers data regarding the bioactive components of human milk and its role in several clinical outcomes. I look forward to receiving your contributions.

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### Guest Editor

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### Deadline for manuscript submissions

27 November 2024



## Healthcare

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## About the Journal

### Message from the Editor-in-Chief

*Healthcare* is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with *Healthcare* and its members receive discounts on article processing charges.

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