

Special Issue

Muscle-Tendon Complex: Performance, Injury Prevention, Epidemiology and Rehabilitation

Message from the Guest Editors

The muscle–tendon complex represents a fundamental entity in the biomechanical functioning of the human body, playing a crucial role in the execution of sporting movements and more demanding physical activities. Therefore, the identification of new perspectives of the performance, injury prevention, epidemiology and rehabilitation related to the muscle–tendon complex is necessary. The main purpose of this Special Issue is to consolidate and present the latest advances in research on the muscle–tendon complex. We aim to gather scientific contributions addressing key aspects such as sports performance, injury prevention, epidemiology and rehabilitation. By addressing these topics, this Special Issue seamlessly integrates into the mission of healthcare by providing valuable information for healthcare professionals, researchers and clinicians, thereby promoting a comprehensive approach to care and optimal physical performance. Research areas may include, but are not limited to, the following: muscle–tendon complex performance, epidemiology, rehabilitation and injury prevention. We look forward to receiving your contributions.

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Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with *Healthcare* and its members receive discounts on article processing charges.

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