

Special Issue

Mental Health in Healthcare Workers

Message from the Guest Editor

To create and maintain effective, efficient and compassionate healthcare services, it is vital that we protect the well-being of Healthcare Workers (HCWs). HCWs are exposed to multiple stressors in their work, including heavy workloads, lack of psychological safety, and workplace bullying. As a result, they often experience poor well-being, high levels of work-related stress and burnout. However, there remains a lack of direction and limited evidence on potential solutions and approaches to improving HCW well-being. There is a need to identify, understand and implement approaches to improving and maintaining HCWs' well-being. We are pleased to invite you to contribute to this Special Issue on Mental Health and Well-Being in HCWs. This Special Issue aims to publish original studies and reviews that examine the well-being or mental health of HCWs. We will consider narrative, systematic, and meta-analysis reviews that examine specific review questions related to improving HCWs' mental health and well-being. I look forward to receiving your contributions.

Guest Editor

Dr. Róisín O'Donovan

Centre for Positive Psychology and Health, RCSI University of Medicine and Health Sciences, D02 YN77 Dublin, Ireland

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MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
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Message from the Editor-in-Chief

Healthcare is an international, scientific, peer-reviewed, open access journal on health care systems, industry, technology, policy, and regulation, and is published semimonthly online by MDPI. Ocular Wellness & Nutrition Society (OWNS) is affiliated with *Healthcare* and its members receive discounts on article processing charges.

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