

## Special Issue

# Adolescent Health Risk Behaviors and Mental Health

### Message from the Guest Editors

Adolescence is an important stage of human development. This stage may be positive and fulfilling, but it is also likely to be stressful as adolescents are faced with major challenges they may not have the knowledge, experience, or skills to manage. Changing social norms and the ubiquitous presence of social media since the early-to-mid-2000s have added an important developmental context for adolescents which is likely to heighten the emergence of different health risk behaviors and mental health problems. This Special Issue seeks to deepen our understanding of adolescent health risk behaviors and their impacts on mental health, as well as prevention strategies and targeted intervention. We welcome papers on topics such as school violence, school bullying, cyberbullying, dating and sexual violence, suicidal behaviors, obesity, excessive screentime behaviors, unhealthy diet habit, physical inactivity, smoking, alcohol use, illicit substance use, as well as risky sexual behaviors. Empirical studies, intervention studies, as well as high-quality systematic reviews and meta-analytic studies will be considered.

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### Guest Editors

Dr. Philip Baiden

Dr. Shannon L. Stewart

Dr. Genevieve Graaf

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### Deadline for manuscript submissions

closed (31 January 2022)



## International Journal of Environmental Research and Public Health

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MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

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