

Special Issue

Dietary Patterns in Prevention and Treatment of Diet-Related Diseases

Message from the Guest Editors

In this Special Issue, we would like to give readers valuable insights into dietary patterns related to the prevention and treatment of diet-related diseases. The guest editors would like to invite original research and reviews (systematic reviews and meta-analyses) on the following topics: Consumer motivations, perception and selection of food products, and resulting dietary patterns; Determinants of dietary patterns in the 21st century and in the period of the global COVID-19 pandemic; Effects of dietary patterns on physical, mental, or social health outcomes; Dietary patterns for prevention and treatment of diet-related diseases; Lifestyle strategies to promote beneficial dietary patterns from childhood to elderly age; Dietary patterns based nutritional recommendations and dietary guidelines as strategies in diet-related disease prevention and treatment; Current nutritional trends and related dietary patterns (Mediterranean diet, plant-based diet, sustainable diet, paleo diet, ketogenic diet, zero-waste lifestyle) as factors influencing human health. Other topics within the scope are also welcome.

Guest Editors

Dr. Aleksandra Kołota

Prof. Dr. Dominika Głąbska

Prof. Dr. Dominika Guzek

Deadline for manuscript submissions

closed (31 December 2022)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 7.3
Indexed in PubMed



mdpi.com/si/111847

*International Journal of
Environmental Research and
Public Health*

MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 7.3
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)