

Special Issue

Health-Related Quality of Life and Physical Activity in Children and Adolescents

Message from the Guest Editors

Regular physical activity offers many health benefits in children and adolescents, helping to manage some conditions such as obesity, diabetes, and hyperactivity. A higher level of physical fitness has also been associated with higher academic performance in children. Several studies found a relationship between physical activity and health-related quality of life (HRQOL), so it is important to increase the level of physical activity in order to improve HRQOL in youths. HRQOL can be measured by either objective or subjective ways. Therefore, the purpose of this Special Issue is to document progress in the knowledge of how physical activity practice can improve HRQOL in children and adolescents.

Guest Editors

Prof. Dr. Jorge Pérez-Gómez

Prof. Dr. Germán Vicente-Rodríguez

Dr. Jorge Carlos-Vivas

Dr. José Carmelo Adsuar

Deadline for manuscript submissions

closed (31 December 2021)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 7.3
Indexed in PubMed



mdpi.com/si/54753

*International Journal of
Environmental Research and
Public Health*

MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 7.3
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)