

## Special Issue

# Women's Mental Health: A Framework for Its Assessment, Prevention, and Promotion in Health Care Settings

### Message from the Guest Editors

In the last decade, the general consideration of women's mental disorders has been limited to some attempts aimed at promoting mental health. However, it is important to consider subjective well-being factors connected with cultural, environmental and personality aspects. Furthermore, in the developmental life of a woman, important risk factors can be highlighted such as the postpartum period and pregnancy, where the vulnerability to psychological distress increases in women and couples. Another important risk factor for women is the experience of menopause; in fact, this condition is very complex, and psychological support is necessary for the management of this experience. The psychological assessment and prevention of women's mental health brings attention to the female condition, which is currently affected by a greater attention to the quality of couple's life as well as important social educational aspects in the prevention and recognition of psychological and physical violence. Women's support frameworks can have an important role in the prevention of mental diseases, especially in relation to sub-threshold conditions that do not reach clinical observations.

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### Guest Editors

Prof. Dr. Carmela Mento

Biomorf Department, University of Messina, Psychiatric Unit Policlinico Hospital, via Consolare Valeria 1, 98122 Messina, Italy

Dr. Maria Catena Silvestri

Psychiatric Unit Policlinico Hospital Messina, University of Messina, 1-98122 Messina, Italy

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### Deadline for manuscript submissions

closed (10 October 2021)



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Tel: +41 61 683 77 34  
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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

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