

## Special Issue

# Health Literacy, Nutrition and Public Health

### Message from the Guest Editors

Starting from the definition of proximal and distal determinants of health produced by Dalhgren and Withehead in 1991, the strict interconnection between health, nutrition and, more recently, health literacy becomes clear as an individual as well as a diffuse life skill to promote, prevent, and sometimes cure diseases, particularly chronic diseases. At present, with the epidemiological, nutritional, and demographic transitions in progress, it becomes unavoidable to find other, different public health responses to the health needs of the entire population. Health literacy is declining in many specific disciplines, among them also food and nutrition. Food and nutrition literacy are becoming potentially powerful arms to strike against obesity, malnutrition, and other nutrition-related diseases, as well as a tool (skill) to make people more empowered towards diet and food behaviors and the impact of food on the environment. We are expecting to discuss the horizons and the present and future solutions that health literacy, in its components devoted to diet, the environment, food security, food safety, and nutrition-related problems, can offer to improve people' health.

### Guest Editors

Dr. Guglielmo Bonaccorsi

Dr. Chiara Lorini

Dr. Virginia Vettori

### Deadline for manuscript submissions

closed (31 October 2021)



## International Journal of Environmental Research and Public Health

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Environmental Research and  
Public Health*

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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### Editor-in-Chief

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