

Special Issue

Health Promotion in Relation to Behavioral Nutrition and Physical Activity in the Era of Sars-Cov2 Pandemic

Message from the Guest Editors

In the context of contemporary society, the condition generated by the Sars-Cov2 virus has created a megatrend on a planetary scale that has changed greatly the quality of daily life of its population with the first event in the history of humanity that can be considered as a *total social fact*. In addition, the crisis caused by COVID-19 and the lack of an organic vision has demonstrated the importance of a public health system that can respond to the complexity of its surrounding environment. Such complex needs make it necessary to provide complex and immediate answers. We have been able to record problems related to 'secondary causes of COVID' such as changes in eating habits, sedentariness, or the interruption of sports and motor activities. The 'secondary causes' identified here are to be interpreted as the possibility of increasing one's exposure to the risk of damage caused by the 'imperfect storm' of the pandemic. Therefore, it is necessary to change harmful attitudes in both individual and public health in order to achieve the goal of a complete state of well-being and not just the absence of disease, which is in accordance with the UN Agenda 2030 and the 17 SDGs.

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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