

## Special Issue

# Nutrition, Diet and Public Health: Assessment in Different Individuals and Groups

### Message from the Guest Editors

Public health nutrition and diet is the science that studies the relationship between diet and health and provides the basis for the design, implementation and evaluation of nutritional interventions at community and population levels to improve the health status of populations. There is currently a need for up-to-date research linking these two concepts. Research whose results can be applied to public health in the social and geographical context of a community or a group of individuals in order to enhance and improve nutritional status is valuable. This Issue will incorporate multidisciplinary research, from all points of view, dedicated to nutritional assessment in various population groups, as well as its possible health and public health repercussions. All types of manuscripts are encouraged, from rigorous randomised clinical trials to pragmatic community-based designs. Therefore, interventions related to diet, dietary habits and their relationship with the nutritional status of a population are acceptable. Original research papers are welcome, as are systematic reviews and meta-analyses.

### Guest Editors

Dr. M<sup>a</sup> del Carmen Lozano Estevan

VALORNUT Research Group, Department of Nutrition and Food Science, Faculty of Pharmacy, Complutense University of Madrid, 28040 Madrid, Spain

Dr. Iván Herrera-Peco

Health Sciences Colleague, Alfonso X El Sabio University, 28691 Madrid, Spain

### Deadline for manuscript submissions

closed (17 April 2023)



## International Journal of Environmental Research and Public Health

an Open Access Journal  
by MDPI

CiteScore 7.3  
Indexed in PubMed



[mdpi.com/si/105937](https://mdpi.com/si/105937)

*International Journal of  
Environmental Research and  
Public Health*

MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 7.3  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

---

### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)