

## Special Issue

# Occupational Stress and Health: Psychological Burden and Burnout

### Message from the Guest Editors

A growing body of empirical evidence shows that occupational health is now more relevant than ever due to the COVID-19 pandemic. Occupational stress in health-care workers has attracted the attention of many researchers. In addition, other professionals have also experienced major changes in the workplace (e.g., teleworking). This Special Issue aims to provide a comprehensive approach to occupational health from a broad range of perspectives. For instance, leadership is a relevant variable to consider as employees' perception about their superiors' particular leadership style is related to their well-being at work. Other recommended topics may include (but are not limited to) the following:

- Work and organizational psychology;
- Occupational health (with a focus on promotion);
- Psychosocial risk factors at work settings (with a focus on prevention);
- Work-related stress;
- Burnout and related variables (e.g., exhaustion, detachment from the job, professional self-efficacy);
- Employees wellbeing and key indicators (e.g., work engagement);
- Absenteeism, presenteeism, and work addiction;
- How to create and promote healthy organizations.

---

### Guest Editors

Dr. Juan A. Moriano

Social and Organizational Psychology Department, Universidad Nacional de Educación a Distancia (UNED), Madrid, Spain

Dr. Ana Laguna

Social and Organizational Psychology Department, Universidad Nacional de Educación a Distancia (UNED), Madrid, Spain

---

### Deadline for manuscript submissions

closed (31 December 2021)



## International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 7.3  
Indexed in PubMed



[mdpi.com/si/70098](https://mdpi.com/si/70098)

*International Journal of  
Environmental Research and  
Public Health*

MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 7.3  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

---

### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)