

Special Issue

Factors Associated with the Psychological Well-Being of University Students: A Preventive View

Message from the Guest Editors

The recent paradigm shift in how educational psychology analyzes the university teaching–learning process. A former view that focused mainly on cognitive variables has evolved toward the study of students' personal and emotional variables. Research has been reoriented towards understanding protective variables in stress, the behavioral characteristics of psychological well-being. Also of interest are other process factors: self-regulated learning, coping strategies for managing stress or classical learning approaches as a motivational-affective factor. Context has also received greater recognition as a factor that predisposes motivational-affective experiences of well-being. One cannot overlook the role of the teacher and the teaching process. The psychological characteristics of the teacher, the way the teaching process is undertaken, and the emotions that it promotes during learning are factors of great current relevance.

Guest Editors

Prof. Dr. Jesús De La Fuente

School of Education and Psychology, University of Navarra, 31009 Pamplona, Spain

Dr. Paul Sander

SSSHL Psychology, TESSIDE University, Southfield Rd, Middlesbrough TS1 3BX, UK

Prof. Dr. Jose Manuel Martínez-Vicente

School of Psychology, University of Almería, Almería, Spain

Deadline for manuscript submissions

closed (31 December 2021)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 7.3
Indexed in PubMed



mdpi.com/si/46267

*International Journal of
Environmental Research and
Public Health*

MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 7.3
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)