

Special Issue

Health Properties of Plant Bioactive Compounds: Immune, Antioxidant and Metabolic Effects 2.0

Message from the Guest Editors

Over the last two decades, plant bioactive compounds have been reported to confer beneficial health effects, such as antioxidant, anti-inflammatory, anti-cancer, anti-hypertensive, hypoglycemic, lipid-lowering, and metabolic effects, among others. Currently, there is a big increase in modern society lifestyle-related diseases, which are characterized by the loss of control of the antioxidant and immune systems, as well as metabolic processes. Thus, plant bioactive compounds that are capable of modifying or controlling these factors could be suitable candidates to develop plant-based functional food in health promotion. Therefore, this Special Issue of International Journal of Molecular Sciences, entitled "Health Properties of Plant Bioactive Compounds: Immune, Antioxidant and Metabolic Effects 2.0", welcomes the submission of original articles or reviews that can improve the knowledge about the beneficial health effects of vegetable compounds, such as immunomodulation, antioxidant, and metabolic regulation.

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