

## Special Issue

# Effects of Pharmaceutical Intervention on Cardiovascular Risk

### Message from the Guest Editors

The current approach to the prevention of cardiovascular diseases includes the promotion of a healthy and physically active lifestyle as well as the administration of drugs for treating cardiovascular risk factors such as hypertension, hypercholesterolemia, or diabetes. Risk factors are often poorly treated and therapeutic goals are often disregarded, even in patients considered to be at high cardiovascular risk. There is, therefore, a need to develop new drugs and optimize the use of medications currently available. At the same time, it is necessary to develop therapeutic strategies suited to the patient's risk profile, with the aim of pursuing an increasingly personalized approach, avoiding overtreatments, and minimizing drug-related side effects. This Special Issue welcomes manuscripts focused on (1) investigating the effects of new drugs and new treatment strategies on cardiovascular risk factors; (2) optimizing the pharmacological management of patients belonging to different risk categories; and (3) assessing patients' adherence to primary prevention drugs and studying strategies for improving adherence to treatments.

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### Guest Editors

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### Deadline for manuscript submissions

28 February 2025



## Journal of Cardiovascular Development and Disease

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## About the Journal

### Message from the Editor-in-Chief

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#### Editor-in-Chief

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