

## Special Issue

# Advanced Strategy for Diagnosis and Treatment of Obstructive Sleep Apnea Syndrome (OSAS)

### Message from the Guest Editor

With the success of our first Special Issue, entitled “Obstructive Sleep Apnea (OSA): What Can We Do Now?” (<https://www.mdpi.com/si/jcm/8A543T08PX>), we are launching a new Special Issue, entitled “Advanced Strategy for Diagnosis and Treatment of Obstructive Sleep Apnea Syndrome (OSAS)”, continuing to report on clinical research. Obstructive sleep apnea syndrome is a common sleep disorder characterized by the collapse of the pharynx during sleep, as well as recurrent episodes of upper airway obstruction during sleep, leading to intermittent hypoxia and sleep fragmentation. Partial arousals frequently occur throughout sleep, resulting in relative sleep deprivation and daytime fatigue. If left untreated, OSAS can have significant adverse effects on an individual's health and quality of life. Therefore, it has been increasingly recognized as a major health issue. For this Special Issue, we continue to welcome contributions on the topic of OSAS. We invite original research papers based on original data, as well as review articles. All manuscripts will be subjected to a standard peer review process, in line with the journal's procedures and policies.

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### Guest Editor

Dr. Pierluigi Carratù

Institute of Internal Medicine “A. Murri”, Department of Precision and Regenerative Medicine and Ionian Area, Università Degli Studi di Bari Aldo Moro, Bari, Italy

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### Deadline for manuscript submissions

28 February 2025



## Journal of Clinical Medicine

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*Journal of Clinical Medicine*  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

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## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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### Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67000  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

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