

Special Issue

Achilles Tendon Ailments: From the Bedside to the Bench

Message from the Guest Editors

Disorders of the Achilles tendon, the largest tendon in the human body, are common and occur in both active and sedentary individuals. Achilles tendon ruptures and tendinopathies do not heal very well, and outcome assessment after surgery and rehabilitation are not evidence-based. Associated dysmetabolic conditions and overuse seem to be the most important associated risk factors, although the etiopathogenesis often remains unclear. Clinically, acute and chronic Achilles tendon conditions show different presentations and outcomes. Any intervention should consider comorbid conditions in addition to patients' lifestyle to help guide decision making. This Special Issue will focus on all recent advances from the bedside to the bench to clarify the role of surgery, rehabilitation, and regenerative medicine in the management of Achilles tendon ailments.

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Deadline for manuscript submissions

closed (1 July 2022)



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 3.0
CiteScore 5.7
Indexed in PubMed



mdpi.com/si/64046

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