

Special Issue

Cardiovascular Risk Factors and Obesity

Message from the Guest Editors

Cardiovascular disease (CVD), including coronary heart disease, cerebrovascular diseases, heart failure and peripheral artery disease. The most important behavioural risk factors of CVD are physical inactivity, unhealthy diet, tobacco and alcohol consumption, etc. The effects of behavioural risk factors may show up in individuals as hypertension, hyperglycaemia and hyperlipidaemia, as well as overweight and obesity, increasing the risk of a cardiovascular event. On the other hand, obesity is associated with an increased risk for a number of established CVD risk factors. However, individuals with obesity or overweight may have a better prognosis than individuals in the normal weight range, presenting the phenomenon called the obesity paradox. For this reason, further research is required to explain the possible associations between obesity and cardiovascular risk factors. In addition, new cardiovascular risk factors are emerging, but their possible relationships with obesity have not been established. This Special Issue aims to encourage researchers to summarise the recent advances in clinical and pathological aspects related to cardiovascular risk factors and obesity.

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