

Special Issue

The Effect of Exercise on Health-Related Quality of Life in Persons with Musculoskeletal Pain

Message from the Guest Editors

Musculoskeletal disorders are significant causes of morbidity in the world, these conditions have a strong negative influence in terms of health-related quality of life and also have been associated with more mental distress and depression. This Special Issue aims to provide the latest scientific and professional insights, present recent findings, and share experiences in exercise to improve the health-related quality of life of persons with musculoskeletal pain. People with musculoskeletal disorders need specific care depending on their health condition. This Special Issue aims to ensure the most recent scientific findings on musculoskeletal pain and the influence of suitable exercise-related treatments to improve the quality of life in this population. The scope of the topic is investigating and presenting the various exercise interventions that could enhance health-related quality of life in persons with various musculoskeletal disorders. The following types of articles are suitable for this Special Issue: original research, review papers, and brief reports.

Guest Editors

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