Special Issue

Health Risk Factors, Prevention, and Inequalities

Message from the Guest Editor

Health risk factors, prevention and inequalities are integral aspects of public health that require close attention and targeted action. Identifying and addressing risk factors such as smoking, poor diet, lack of physical activity and exposure to environmental pollution is fundamental to preventing a wide range of health conditions. Equally important is the promotion of prevention strategies through education, awareness campaigns and accessible healthcare services. However, the burden of these risk factors is not evenly distributed, and health inequalities persist, disproportionately affecting marginalized communities. Reducing these disparities demands a comprehensive approach that considers socioeconomic, racial and geographic determinants of health. By addressing risk factors, emphasizing prevention and actively working to rectify health inequalities, public health initiatives can strive to ensure that everyone has an equal opportunity to achieve and maintain good health, ultimately contributing to the well-being of society as a whole. This Special Issue aims to gather insights from current research on the integration of risk factors, prevention and inequalities.

Guest Editor

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Deadline for manuscript submissions

closed (31 August 2024)

Medicina

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