Special Issue

Metabolic Flexibility in Exercise Performances and Metabolic Diseases

Message from the Guest Editors

Improved metabolic flexibility reflects the efficiency of fat and carbohydrate oxidation, mitochondrial function, and oxidative capacity such as aerobic performance. These aspects are associated with exercise performance and metabolic diseases. This special issue invites original research and review papers that address the following aspects of the field: (a) metabolic flexibility during exercises/sports, (b) metabolic flexibility regarding cardiovascular and metabolic diseases, (c) mitochondrial function, (d) lactate metabolism, (e) fat and carbohydrate oxidation, (f) energy recovery and (g) energetic contributions.

Guest Editors

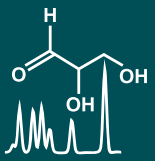
Dr. Woo-Hwi Yang

Dr. Hun-Young Park

Dr. Yongdoo Park

Deadline for manuscript submissions

closed (15 July 2023)



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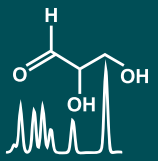

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About the Journal

Message from the Editor-in-Chief

The metabolome is the result of the combined effects of genetic and environmental influences on metabolic processes. Metabolomic studies can provide a global view of metabolism and thereby improve our understanding of the underlying biology. Advances in metabolomic technologies have shown utility for elucidating mechanisms which underlie fundamental biological processes including disease pathology. *Metabolites* is proud to be part of the development of metabolomics and we look forward to working with many of you to publish high quality metabolomic studies.

Editor-in-Chief

Dr. Amedeo Lonardo
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manuscripts are peer-reviewed and a first decision is provided to authors approximately 13.9 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the first half of 2024).

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