

# Special Issue

## Role of Dietary Nutrients in the Modulation of Gut Microbiota

### Message from the Guest Editor

The interactions between diet, gut microbiota, and host health are intricate and multifaceted. Dietary patterns significantly influence the composition and function of the gut microbiota, which in turn affects host health through the production of various metabolites. These metabolites can have both beneficial and adverse effects on the host. Different components of the diet, such as protein, saturated and unsaturated fats, carbohydrates, and fibre influence the abundance of different types of bacteria in the gut, thereby regulating the gut microbiota's impact on health and disease. Emerging research highlights how gut microbiota also mediate immunomodulation and communicate with distal organs via the lymphatic and circulatory systems. This "common mucosal response" suggests that the gut microbiota and their metabolites influence not only local intestinal immunity but also immune responses in distant tissues, such as the lungs. Although the precise mechanisms remain unclear, systemic propagation of bacterial-derived components, metabolites, and migrating immune cells is implicated in this inter-organ communication.

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### Guest Editor

Dr. Inês Brandão

Centro de Apoio Tecnológico Agro Alimentar (CATAA), Castelo Branco, Portugal

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### Deadline for manuscript submissions

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## Microorganisms

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*Microorganisms*

MDPI, Grosspeteranlage 5

4052 Basel, Switzerland

Tel: +41 61 683 77 34

[microorganisms@mdpi.com](mailto:microorganisms@mdpi.com)

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### Editor-in-Chief

Dr. Nico Jehmlich

Department of Molecular Toxicology, UFZ-Helmholtz Centre for Environmental Research, 04318 Leipzig, Germany

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