

Special Issue

Dietary Nutrition on Gastrointestinal Health

Message from the Guest Editors

It is well established that the adoption of healthy dietary habits and novel dietary strategies could prevent diseases and maintain health. However, the adoption of other modern dietary habits has become a widening health concern, as it is strongly associated with multiple gastrointestinal diseases, the promotion of inflammation, and both structural and behavioural changes in the gut microbiome, with the majority residing in the colon. Diet has a significant influence on the composition of the human gut microbiome. Moreover, there is a growing interest in targeting the gut microbiota by employing probiotics, diet, and nutritional approaches, either to promote gastrointestinal health or as an adjunct therapy for treating gastrointestinal diseases and related disorders.

Guest Editors

Dr. Rosalyn A. Jurjus

U.S. Food and Drug Administration, Silver Spring, MD, USA

Prof. Dr. Abdo Jurjus

Department of Anatomy, Cell Biology and Physiological Sciences,
Faculty of Medicine, American University of Beirut, Beirut, Lebanon

Deadline for manuscript submissions

closed (25 March 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



mdpi.com/si/180252

Nutrients

MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)