

Special Issue

The Role of Probiotics and Prebiotics in Immunomodulation

Message from the Guest Editor

As a new and old health promoter, probiotics and prebiotics play a key role in improving allergies, obesity, inflammatory bowel disease, cancer, mental illness, and other diseases partly via regulating immunity. Probiotics and prebiotics interventions are widely accepted due to their safety and effectiveness. In this Special Issue, we welcome submissions including high-quality original research articles, clinical studies, and reviews that contribute innovative knowledge to understanding probiotics and prebiotics in host health. This particular focus includes the role of probiotics and prebiotics in health management, disease prevention, disease, and treatment/adjunct therapy, especially for papers with a depth mechanism and/or those supported by clinical data.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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