

Special Issue

Healthy Eating and Determinants of Food Choice

Message from the Guest Editors

Despite diet being vital to health, and information on healthy eating being more accessible than ever, there is still significant disparity between dietary intake and healthy eating guidelines. The factors that impact food choices are broad reaching, extending across policy, environmental, social and individual domains. Over 400 different determinants of nutrition and eating have been identified in the literature, highlighting the complexity of food choices. Given that nutrition interventions strive to support factors that enable healthy eating, it is crucial to understand the key factors impacting food choices to deliver effective nutrition interventions. The aim of this Special Issue is to provide the latest evidence on the determinants of food choices in relation to diet and health in any population. We encourage researchers in this field to submit original research or high-quality reviews to broaden the knowledge in this field. We look forward to your submission.

Guest Editors

Prof. Dr. Fiona Pelly

Dr. Libby Swanepoel

Dr. Rachael Thurecht

Deadline for manuscript submissions

closed (5 March 2024)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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