

Special Issue

E-health: A Novel Approach for Dietary Interventions

Message from the Guest Editors

In order to be effective, dietary interventions must consider an individual or groups' desired goals and motivations, health status, current eating habits and dietary intake, as well as the methods of delivery required to optimise intervention or treatment effectiveness and cost effectiveness. The delivery methods for dietary interventions must be targeted and tailored to suit specific needs, such as geographical location, accessibility of resources, time and costs. eHealth offers a novel approach to enhance the effectiveness and cost effectiveness of dietary interventions by enabling flexibility to meet many of these needs, and advanced capability to personalise and automate aspects of dietary interventions and resource allocation. The planned Special Issue seeks to include research regarding eHealth for dietary management, including formative work to inform eHealth dietary interventions, trials of eHealth dietary interventions, cost-effectiveness analyses and systematic reviews or other related papers on the topic of nutrition in e&mHealth.

Guest Editors

Dr. Megan Whatnall

Prof. Dr. Clare Collins

Dr. Erin Clarke

Deadline for manuscript submissions

closed (28 February 2023)



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MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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