Special Issue

Guidance of National Nutrition Survey on Human Health

Message from the Guest Editor

The importance of national nutrition surveys for human health is self-evident, as it directly relates to individual growth and development, disease prevention, antiaging, and overall health improvement. Nutritional surveys collect and analyze the dietary intake of individuals or groups, revealing the relationship between nutritional status and health, and providing scientific basis for improving dietary structure and enhancing health levels. This Special Issue aims to collect papers on the impact of national food consumption, nutrient intake, and nutritional status surveys on human health, such as chronic noncommunicable diseases, aging, and cognitive function. Its purpose is to provide key information on the impact of diet and nutrition on health to policymakers, researchers, and the public.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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