

Special Issue

Human Health, Nutrition and Organic Food

Message from the Guest Editor

The increased importance of the use of organic food has a significant impact on human health. Evidence has shown that the consumption of organic food can reduce the risk of several diseases, including allergic diseases, overweight, and metabolic syndrome. In addition, there are some studies on the harmful effect of pesticides on the cognitive development of children, depending on the level of exposure. The differences between organic and conventional foods lie in the lower nitrogen and higher phosphorus content of organic vegetables and fruits. In addition, vitamin C and phenolic compounds have been seen to be higher in organic fruits and vegetables and organic products than in conventional products. On this topic, you are invited to submit proposals for manuscripts that fit the objectives and the topics of this Special Issue.

Guest Editor

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Deadline for manuscript submissions

closed (28 February 2021)



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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