

## Special Issue

# Lifestyle, Behaviors, and Environment Related to Childhood Obesity

### Message from the Guest Editors

Childhood obesity is one of the most serious public health challenges of the 21st century and affects 42 million children worldwide. According to WHO (World Health Organization), 70 million young children will be overweight or obese by 2025. Poor lifestyle and unhealthy behaviors together with an obesogenic environment might favor weight gain. Additionally, parents are an integral part of children's social influence and are therefore greatly involved in shaping their children's behaviors. The development of effective obesity intervention programs is paramount for tackling this disease. Therefore, we need to unravel the role of potential determinants. In this Special Issue, we focus on the potential impact of lifestyle, obesogenic behaviors, and environment on overweight and obesity in children and adolescents and results of childhood obesity prevention programs. Submissions can include original articles on intervention and epidemiological studies along with review articles.

### Guest Editors

Dr. Helmut Schroder

1. Cardiovascular Risk and Nutrition Research Group (CARIN), Hospital del Mar Medical Research Institute (IMIM), 08003 Barcelona, Spain
2. CIBER Epidemiología y Salud Pública (CIBERESP), Instituto de Salud Carlos III (ISCIII), 28029 Madrid, Spain

Dr. Santiago F. Gomez

1. Gasol Foundation, Sant Boi de Llobregat, 08830 Barcelona, Spain
2. GREpS, Health Education Research Group, Nursing and Physiotherapy Department, University of Lleida, 25008 Lleida, Spain

### Deadline for manuscript submissions

closed (25 August 2024)



## Nutrients

an Open Access Journal  
by MDPI

Impact Factor 4.8  
CiteScore 9.2  
Indexed in PubMed



[mdpi.com/si/90589](https://mdpi.com/si/90589)

*Nutrients*

MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)





# Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 4.8  
CiteScore 9.2  
Indexed in PubMed



[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

---

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)