

## Special Issue

# Malnutrition and Gastrointestinal Disease

### Message from the Guest Editors

Malnutrition is a condition that is commonly associated with a decrease in food consumption, increased nutrient storage catabolism, or malabsorption. Although a consequential proportion of patients who suffer from gastrointestinal diseases experience malnutrition, there exists a noteworthy dearth of awareness concerning this issue. As such, the likelihood of disease-related complications is elevated. It is widely acknowledged that malnutrition is frequently associated with poor clinical outcomes, reduced quality of life, impaired body function, and a diminished response to therapy. Early intervention involving the provision of adequate nutritional intake in terms of quality and quantity is crucial in improving prognosis. The increasing access to data for risk stratification and evaluation of nutritional interventions and their influence on outcomes will significantly improve the treatment of malnutrition. The purpose of this Special Issue is to offer new insights into malnutrition in gastrointestinal diseases and to bridge the divide between research and clinical practice for improved outcomes.

---

### Guest Editors

Dr. Maria Chiara Mentella

UOC di Nutrizione Clinica, Dipartimento Scienze Mediche e Chirurgiche Addominali ed Endocrino Metaboliche, Fondazione Policlinico Universitario A. Gemelli IRCCS, Università Cattolica del Sacro Cuore, 00168 Rome, Italy

Dr. Franco Scaldaferrì

IBD Unit, CEMAD, UOC di Medicina Interna e Gastroenterologia, Dipartimento Scienze Mediche e Chirurgiche Addominali ed Endocrino Metaboliche, Fondazione Policlinico Universitario A. Gemelli IRCCS, Università Cattolica del Sacro Cuore, 00168 Rome, Italy

---

### Deadline for manuscript submissions

5 February 2025



## Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 4.8  
CiteScore 9.2  
Indexed in PubMed



[mdpi.com/si/195336](https://mdpi.com/si/195336)

*Nutrients*

MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)





# Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 4.8  
CiteScore 9.2  
Indexed in PubMed



[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

---

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)