

## Special Issue

# Phytonutrients in Inflammation and Metabolic Health

### Message from the Guest Editor

The aim of this Special Issue, “Phytonutrients in Inflammation and Metabolic Health”, is to focus on the importance of phytonutrients and other natural substances in diseases of civilization. Phytonutrients contain a wide range of nutrient substances that can be used to treat chronic and infectious diseases. The focus of this Special Issue is on both the extraction and isolation of plant extracts and the characterization of active substances of a natural origin. Specifically, the aim of this Special Issue is to clarify whether plant extracts and natural substances can influence free radicals and inflammatory mediators, as well as their interaction, favoring human health and preventing diseases. This new information will provide healthcare professionals with widespread, clear, and updated evidence on natural products in medical care.

### Guest Editor

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### Deadline for manuscript submissions

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## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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