

Special Issue

Phytochemicals and Human Health

Message from the Guest Editors

Nutrients was launched in 2009 and has published over 10,000 papers since. With an impact factor of 4.171, Nutrients ranks as a Q1 journal and has become an excellent open source platform to ensure rapid and widespread exposure of your research findings and perspectives. As the Section Editor of the newly established Phytochemicals and Human Health section, we personally invite you to submit a review paper in your specific area of expertise. This Special Issue aims to publish high-quality scientific contributions providing novel insights into the impact of dietary intake of plant ingredients, also called phytochemicals, on the physical, mental, and emotional health and wellbeing of humans.

Guest Editors

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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