

Special Issue

The Effect of Diet and Nutrition on Postprandial Metabolism

Message from the Guest Editors

The purpose of this Special Issue is to expand and add to the research on the importance of postprandial metabolism in nutrition. In the transition period between fast and fed statuses, this issue seeks to cover the effects of diet, the nature of meals, and any nutritional characteristics, on meal nutrient metabolism and the ability to regulate metabolism in the postprandial phase. Associations with functional assessment criteria or risk factors can make a very interesting addition. The modulation of these phenomena by genetics and lifestyle is also interesting in this context. This issue welcomes the submission of manuscripts describing original research or reviews of the scientific literature on this topic in humans or animal models (rodents and pigs).

Guest Editors

Prof. François Mariotti

UMR PNCA, AgroParisTech, INRA, Université Paris-Saclay, 75005, Paris, France

Dr. Dominique Dardevet

Université Clermont Auvergne, INRA, UNH, Unité de Nutrition Humaine, CRNH Auvergne, F-63000 Clermont-Ferrand, France

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4052 Basel, Switzerland
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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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