

Special Issue

Nutritional Assessment in Epidemiological Studies

Message from the Guest Editors

This Special Issue focuses on advancements and challenges in nutritional assessment within epidemiological studies, aiming to enhance understanding of its multifaceted components and broader interrelationships. Topics include the connections between nutritional assessment, physical activity, ethnicity, social diversity, environmental sustainability, and digital technologies. We invite contributions on methods for assessing dietary intake, biochemical and clinical evaluations, anthropometric measurements, and environmental factors affecting nutrition and health outcomes. Emphasis is placed on studies linking these assessments to disease risk, population health, and public health policy. We are particularly interested in papers that integrate dietary data with biochemical, clinical, physical health, and environmental measures to enhance our understanding of nutritional epidemiology. Additionally, we encourage contributions that explore the interrelationship between the nutritional assessment with physical activity, ethnic and social diversity, sustainability, financial perspectives and the use of digital technologies to address disparities and foster innovation within the field.

Guest Editors

Prof. Dr. Farzad Amirabdollahian

Faculty of Education, Health and Wellbeing, University of Wolverhampton, Wolverhampton WV1 1LY, UK

Prof. Dr. Basma Ellahi

Faculty of Health and Social Care, University of Chester, Chester CH1 4BJ, UK

Deadline for manuscript submissions

25 June 2025



Nutrients

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



mdpi.com/si/225304

Nutrients

MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)