

Special Issue

Nutrition Intervention in Liver Health and Disease

Message from the Guest Editor

Diet and nutrition are key regulators of liver function. The liver is not only a major organ for nutrient metabolism, but also senses the nutrient status of the body and responds correspondingly. Unbalanced diet, heavy alcohol consumption, and drug use are major risk factors for liver damage. Proper interventions are required to protect liver function or reverse damaged liver function. This Special Issue aims to collect high-quality research concerning the influence of diet and nutrition on liver diseases and disorders. Submissions focused on liver diseases of various etiologies are welcome in the form of reports of original research (longitudinal studies, health promotion intervention studies, qualitative research, epidemiology, basic research, omics, microbiota, etc.) or reviews (systematic reviews, meta-analyses).

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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