

Special Issue

Nutritional Status and Nutritional Support in Patients with Gastrointestinal Diseases

Message from the Guest Editor

Patients with gastrointestinal diseases suffer from loss of appetite, dysphagia, abdominal pain, and diarrhoea which lead to reduced food intake, maldigestion, and malabsorption. Also, the nutritional status in patients with gastrointestinal disorders is deteriorated by the adverse effect of the disease treatments including drugs, chemotherapy, radiotherapy, and surgery. Proper and early detection of malnutrition allows for effective nutritional support which improves the treatment results, patients' prognosis, and quality of life. Immunomodulating nutrition, including glutamine, arginine, omega-3 fatty acids, and nucleotides, by modulating immune and inflammatory response improves the treatment results and patient prognoses, decreases the rate of postoperative infectious complications, and shortens hospital stays in patients undergoing surgery. This Special Issue will focus on all aspects regarding the assessment of nutritional status as well as nutritional support in patients with gastrointestinal diseases. Original research and review papers are invited.

Guest Editor

Dr. Beata Jabłońska

Department of Digestive Tract Surgery, Medical University of Silesia, Katowice, Poland

Deadline for manuscript submissions

25 March 2025



Nutrients

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



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MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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