

Special Issue

Relationship Between Diet and Lifestyle and Liver Health: From the Latest Perspective

Message from the Guest Editor

Chronic liver diseases (CLDs), represented mainly by metabolic dysfunction-associated steatotic liver disease (MASLD), viral hepatitis, and alcoholic liver disease, represent a real and current threat at a global level. It is estimated that there are more than 1.5 billion CLD cases worldwide, encompassing individuals at various stages of disease severity. Dietary habits and overall lifestyle are pivotal in CLD pathogenesis and constitute key components of CLD onset, progression, and management. Within this context, it is essential to address the progress and current understanding of the role of diet and lifestyle in CLDs and their treatment. Authors are invited to submit original research and review articles on a wide spectrum of topics related to diet, lifestyle, and liver health, including aspects of personalized dietary treatment and lifestyle (i.e., nutrigenetics/nutrigenomics, epigenetics, and gut microbiome), as well as any liver-related complications.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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