

Special Issue

The Relations between Nutrition and Infectious Diseases at the Epoch of Microbiota—2024 Update

Message from the Guest Editor

Today, thanks to the next-generation sequencing technologies allowing scientists to identify specific interactions in microbial communities, the microbiota has been emerging as a crucial moderator in the complex interactions between food, our body and infectious diseases. Nutrition impacts the development of the human immune system, beginning from the embryonic stage. Additionally, the microbiota plays a fundamental role in the induction, training and function of the host immune system. Negative effects on the regular development of the immune system compromise its defense against pathogens. Moreover, malnutrition, including overnutrition and undernutrition, can increase the risk of infectious diseases, amplify the severity of an infection and impair the response to drug treatment. Finally, infectious diseases can increase malnutrition. Insights into more promising approaches in the form of original research articles or reviews on all areas of nutrition and infectious disease with a special focus on microbiome, experimental designs and therapeutic approaches are welcome.

Guest Editor

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Deadline for manuscript submissions

closed (25 December 2024)



Nutrients

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Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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