

Special Issue

Nutrition and Quality of Life for Patients with Chronic Disease

Message from the Guest Editors

The Special Issue "Nutrition and Quality of Life for Patients with Chronic Disease" examines the intricate relationship between dietary practices and the general well-being of people with chronic diseases. It explores how individualized dietary therapies might improve physical and mental health outcomes, reduce symptoms, and possibly even stop the course of the disease, significantly improving the quality of life for these individuals. This topic encompasses the impact of specific diets on illnesses such as diabetes, heart disease, and chronic kidney disease, along with the role of micronutrients and dietary supplements. In addition, it examines the psychological elements of dieting and emphasizes the need for patient education to help people make long-lasting lifestyle changes. This Special Issue aims to provide medical practitioners with useful insights for improving patient care through nutritional treatment.

Guest Editors

Dr. Evridiki Patelarou

Department of Nursing, School of Health Sciences, Hellenic Mediterranean University, 71410 Heraklion, Greece

Dr. Konstantinos Giakoumidakis

Department of Nursing, School of Health Sciences, Hellenic Mediterranean University, 71410 Heraklion, Greece

Deadline for manuscript submissions

31 December 2024



Nutrients

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



mdpi.com/si/206009

Nutrients

MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)