

Special Issue

Nutrients as Efficient Immunosuppressants in Patients with Autoimmune Diseases

Message from the Guest Editors

More than 80 autoimmune diseases currently exist, and present treatments such as steroids, disease modifying agents or biologic therapies are accompanied by unwanted complications such as severe infections. Herbal remedies, diet supplements and natural products having anti-inflammatory, anti-oxidant and mainly immunosuppressant properties are eagerly wanted to complement or even to substitute conventional treatments. We invite you to participate via submission of articles in the on-going dialogue on the role of diet factors as efficient immunosuppressants and immunoregulators. We anticipate that this special issue will provide a second-to-none opportunity to raise emerging issues concerning the role played by what we eat, what we must/can incorporate in our routine diet habits and what we must avoid in order to tackle the increasing threat of autoimmune diseases, to prevent them if possible or to at least control them. Dr. Bogdanos Dimitrios

Guest Editors

Prof. Dr. Dimitrios P. Bogdanos

Department of Internal Medicine and Autoimmune Rheumatic Diseases, School of Medicine, University of Thessaly, Larissa, Greece

Dr. Carlo Perricone

Rheumatology, Department of Medicine and Surgery, University of Perugia, p.le Menghini 1, 06129 Perugia, Italy

Deadline for manuscript submissions

closed (28 February 2019)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



mdpi.com/si/15634

Nutrients

MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 4.8
CiteScore 9.2
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)