

## Special Issue

# Premenopausal Nutrition and Fertility

### Message from the Guest Editor

This Special Issue of *Nutrients*, entitled “Premenopausal Nutrition and Fertility”, welcomes the submissions of manuscripts that either describe original research or review scientific literature. Manuscripts should focus on female nutrition and its effect on fertility. Potential topics may include, but are not limited to:

- Female BMI and IVF success
- PCOS and fertility
- PCOS and pregnancy
- How much weight should be lost for fertility to be normalized
- Is there an ideal weight reduction program
- Obesity and pregnancy
- Fertility in the underweight female
- Elite athletes and fertility

*Guest editor*

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### Guest Editor

Dr. Beverley Vollenhoven

Department of Obstetrics and Gynaecology, Monash University,  
Clayton, Victoria, Australia

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### Deadline for manuscript submissions

closed (30 November 2015)



## Nutrients

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Impact Factor 4.8  
CiteScore 9.2  
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*Nutrients*  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)