

Special Issue

Molecular Adaptations to Resistance and Endurance Training

Message from the Guest Editor

We are excited to announce a Special Issue in *Physiologica* titled “Molecular Adaptations to Resistance and Endurance Training”. Ideal submissions include human or animal data that determine the phenotypes of the molecular responses in skeletal muscle or other tissues following one or multiple resistance, endurance, or concurrent exercise bouts. Research that uses exercise mimetics in vitro would also be suitable for submission.

Guest Editor

Prof. Dr. Michael D. Roberts
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Deadline for manuscript submissions

closed (31 August 2022)



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About the Journal

Message from the Editor-in-Chief

Physiologia draws together researchers from all subdisciplines of physiological research with the common aim of enhancing knowledge of the mechanisms of growth, health, and disease across species. The journal aims to provide rapid peer review and unlimited open access to those interested in topics advancing physiological sciences from both the research and wider community. We hope you will support the journal by becoming one of our authors.

Editor-in-Chief

Prof. Dr. Philip J. Atherton

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