

## Special Issue

# The Role of Nutritional Attitudes on Mental Diseases

### Message from the Guest Editors

This Special Issue focuses on further investigation of the possible role of nutritional attitudes such as orthorexic and restrictive behavior, dietary standards such as the Mediterranean diet, and specific nutrients and bio-functional compounds (macronutrients, micronutrients, phytochemicals, etc.) in the prevention or management of mental diseases, based mainly on clinical and epidemiological evidence. We welcome papers reporting the latest evidence-based results of the effect of nutritional habits and specific nutrients, bioactive compounds, and functional foods on pathophysiology mechanisms, indexes, and biomarkers of mental diseases, such as anxiety, depression, anorexia and bulimia nervosa, personality disorders etc. Animal experiments, clinical trials, and epidemiological studies as well as in vitro studies, meta-analyses, and review articles are welcome. Studies concerning the possible role of nutrients and bio-functional compounds in the expression of genes that are associated with mental diseases are especially welcome.

### Guest Editors

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### Deadline for manuscript submissions

closed (31 December 2023)



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