



Positive Resources to Promote Well Being in Educational and Work Contexts and in Career Trajectories

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Message from the Collection Editors

Dear Colleagues,

In last decades scientific literature has shown an increasing interest in mental health, well-being and quality of life of people in various life contexts. Therefore, researchers and professionals in psychosocial area are focused in studying the role that psychosocial factors play in the promotion of the best adaptation between persons and environment, especially in valued contexts such as work or academic contexts. This collection is aimed to address the field of domain specific well-being (assessment tools, empirical research, experimentation of professional practices); the core theme is the construction of career paths and life trajectories – within school, university and working contexts – that can significantly affect the individual meaning of life and the subjective well-being. Particular attention will be given to a) the career transitions between one context and another; b) the study of all those factors that promote the aspirations of vulnerable segments of the population to pursue dignified and satisfactory career paths.





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